



Raising a child is too important to leave learning about it to chance. Lawyers go to law school. Doctors go to medical school. Now parents can go to parent school.

The parent school concept is new. The goal is confident parents who understand their changing child, respond with respect and are guided by universal principles of care.

Today, rapid change and an explosion of information, 'experts' and products, are challenging the confidence and perspectives of families - across generations.

Our beginning focus for *Tender Shoot*™ is newborns. The 'First Baby' course offers learning and support for parents expecting their first child.

www.tendershoot.co.nz

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(formerly Education for Change)

'First Baby' Course

- For:** Christchurch first-time parents in late pregnancy, for both mothers and fathers
- Style:** practical approach to understanding a baby's first weeks
- Start-up:** a one-off, two-hour group session, limited to 12 people per session
- Follow-up:** 3 personalised sessions in the first 6-8 weeks to support parents into their roles
- Extras:** sessions for specific topics
- Time:** Saturdays from 9:50 a.m. - 12:noon
- Venue:** 3rd Floor, 161 Kilmore St, Christchurch
- Cost:** free for now in return for your feedback
- Enquiries:** www.tendershoot.co.nz
- Bookings:** call **353 9260** (messages only)

Point of difference

We design our approach to be personal because we believe your baby does come with a manual. This manual is your best guide. It respects the uniqueness of your particular child and holds the secrets to confidence in the parent-child relationship. Tender Shoot™ is support to find and read the manual of care for your particular child.

We do not offer ante-natal education.

About Us

Change for our Children is a social innovation company. We have more than twenty years experience in parent education work. Tender Shoot™ is a new initiative we are developing with Canterbury parents, professionals and community.